

Tibia Plateau and Pilon Fractures  
 26 or 27 January 2021  
 Rotterdam, The Netherlands  
 Project no. 103678 / Course no. 10012056

TIME	ITEM	WHO	MINUTES
07:45-08:00	Registration		
08:00-08:15	Welcome and introduction	Michael Verhofstac	15
	<b>LOCATION CHANGE TO CASE DISCUSSION GROUPS</b>		<b>60</b>
08:15-09:15	Case discussion groups		
	Group 1		
	Group 2		
09:15-09:30	COFFEE BREAK		15
	Recent advances in		80
09:30-09:50	- Anatomy and biomechanics: what you should know before surgery		
09:50-10:10	- Imaging and classification: is Schatzker still valid?		
10:10-10:30	- Specific surgical approaches: when to use posterior approaches?		
10:30-10:50	- Reduction and osteosynthesis: mind the gap... and the step		
10:50-11:00	Discussion		10
11:00-12:00	Anatomical specimen workshop		120
	- Anterolateral and anteromedial approach		
	- Posteromedial approach		
12:00-13:00	Anatomical specimen workshop (continued)		
	- Posterior approach – medial and lateral column		
	- Posterolateral approach with and without fibular osteotomy		
13:00-13:30	LUNCH BREAK		30
13:00-13:20	- Anatomy and biomechanics: soft tissue considerations for the different approaches		80
13:20-13:40	- How to identify the key fragment and fix it?		
13:40-14:00	- Posterior malleolus		
14:00-14:20	- Open distal tibia fractures: staged procedures are key	Hofstee	
14:20-14:30	discussion		10
14:30-14:45	COFFEE BREAK		15
	Anatomical specimen workshop		135
14:45-18:00	- Anterolateral approach (supine)		
	- Anteromedial approach (supine)		
	- Posterolateral approach (lateral decubitus)		
	- Posteromedial approach (lateral decubitus)		
18:00-18:30	Difficult cases from participants - interactive discussion and wrap up		30

	CME	%
LECTURES	80	17,98
PRACTICAL (DISCUSSIONS)	110	24,72
PRACTICAL (HANDS ON)	255	57,30
TOTAL	445	100
Intro, Coffee Breaks, Lunch, Dinner, Closing	75	Out of scope

4 February 2020  
 Leiden, The Netherlands  
 Project no. 116171 / Course no. 10010756